ELECTRON MICROSCOPY IN DIAGNOSTIC PATHOLOGY

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Basic Fine Structural Anatomy & Cellular Organelles

PROCESSING OF TISSUE FOR TRANSMISSION ELECTRON MICROSCOPY

- Fix in 2 or 3% buffered glutaraldehyde immediately after receipt of the specimen, and after carefully mincing it into 1 mm cubes of tissue. The latter procedure is best done in a small pool of glutaraldehyde on a flat surface, after allowing a 4-5 mm cube of tissue to sit in it for roughly five minutes.
- 2. Tissue is then embedded in epoxy resin and cut at 1 micron for staining with toluidine blue and selection of fields.
- 3. Staining with osmium tetroxide and lead citrate is done next, followed by thin sectioning (0.3 to 0.4 microns) with a diamond knife, mounting on copper grids, and staining with uranyl acetate and lead citrate.

PRECAUTIONS IN DIAGNOSTIC ELECTRON MICROSCOPY

- 1. Always correlate ultrastructural findings with histological observations and clinical data... REMEMBER-- "A fool with a fancy tool is still a fool!"
- 2. Pay special attention to processing requirements for good preservation of tissue. Retrieval of samples from formalin or paraffin blocks yields vastly inferior results.
- 3. Advise clinicians of time constraints that are inherent in electron microscopy. At least 3, and more likely 4 or 5 days are necessary to properly prepare and evaluate specimens submitted for ultrastructural analysis.

Cytoplasmic Organelles That Strongly Suggest a Specific Diagnosis

- --Neurosecretory Granules:
- **Neuroendocrine/neuroectodermal tumors**
- --Premelanosomes (types 1-3): Melanocytic tumors
- --Rhomboid crystalloids: Alveolar soft part sarcoma or Prostatic adenocarcinoma
- --Birbeck granules: Langerhans' cell proliferations
- --Numerous phagolysozomes: Granular cell tumors
- --Weibel-Palade bodies: Endothelial tumors

38 year old woman with a left breast mass







61 year old man with elevated serum alkaline phosphatase on routine yearly health assessment









37 year old woman with "spells" of sweating, palpitations, and dizziness; left adrenal mass found on CT of abdomen







NEUROSECRETORY GRANULES VS. LYSOSOMES: THE URANAFFIN REACTION

-- Introduced by Payne et al. in 1985

-- Ultrastructural-histochemical method for specific deposition of silver salts on the matrices of neurosecretory granules -- Consistently negative in lysosomes

11 year old boy with headaches and polydipsia









LANGERHANS' CELL PROLIFERATIONS: ULTRASTRUCTURAL FEATURES

- -- Mononuclear cells with "curved" nuclear contours
- -- Abundant cellular organelles, (free ribosomes, rough endoplasmic reticulum, mitochondria, lysosomes)
- -- Filopodial extensions from cellular surfaces
- -- Birbeck granules (in 50 to 60% of cases only)
- -- In the skin, care must be taken to look for the abovecited features in dermal cells, to avoid confusion with normal intraepidermal Langerhans' cells

BIRBECK GRANULES IN LANGERHANS' CELLS: ULTRASTRUCTURAL CHARACTERISTICS

-- Formed by invagination and detachment of plasmalemma into the cytoplasm -- Tripartite (zipper-like) internal structure -- May have rod-like, tennis racket-shaped, or angulated configurations in the same case or in different cases

16 year old boy with abnormal chest radiograph on preathletic school physical exam







78 year old man with abdominal discomfort and liver masses found on CT of abdomen









OTHER SPECIFIC TUMOR CATEGORIES AMENABLE TO DIAGNOSIS BY ELECTRON MICROSCOPY
MESOTHELIOMA VS. METASTATIC ADENOCARCINOMA

59 year old man with progressive shortness of breath; chest radiographs show large left pleural effusion and a pleural-based mass. A pleural biopsy is done.









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Diagnosis:

Pseudomesotheliomatous (pleurotropic) adenocarcinoma

Mesothelioma: Characteristic Ultrastructural Findings

- -Elongated branching microvilli with length-to-diameter ratios of at least 12:1
- -Elongated complex intercellular junctions
- -Prominent cytoplasmic filament skeins
- -NO cytoplasmic mucin granules





PEDIATRIC SMALL ROUND-CELL NEOPLASMS

SMALL CELL TUMORS OF CHILDHOOD: ULTRASTRUCTURAL DIFFERENTIAL DIAGNOSIS

TUMOR	JUNX	<u>BL</u>	NSG	FIL	GLY	CP	MT
(JUNX = Intercellular junctions; BL = Basal lamina; NSG = Neurosecretory granules; FIL = Cytoplasmic filaments; GLY = Glycogen pools; CP = Cytoplasmic processes; MT = Cytoplasmic microtubules)							
PNET	+/-	0	+/-	+/-	+/-	+	0
NEUROBLASTOMA	+/-	0	+	0	+/-	++	++
LYMPHOMA	0	0	0	0	0	0	0
WILMS' TUMOR	+	+	0	+/-	+/-	0	0
RHABDOMYOSARC	; +/-	÷	0	++	+	0	0

Asymptomatic 13 year old boy with a mass in the right shoulder that he found while bathing









Diagnosis: Alveolar rhabdomyosarcoma

19 year old boy with progressive left-sided chest pain and shortness of breath











Diagnosis:

Primitive neuroectodermal tumor (Askin tumor)

2 year old boy with an abdominal tumor found by his mother; CT scan of the abdomen demonstrated a paravertebral retroperitoneal mass







Diagnosis: Neuroblastoma

NEUROBLASTOMA VS. PNET: RELATED OR NOT?

- -- Similar but not identical ultrastructural features and immunophenotype (Neuroblastoma-- VIM±; NF±;SYN±; NSE+; Leu 7+; DES--; CK--;CD99-PNET-- VIM±; NF±; SYN±; NSE+; Leu 7±; DES±; CK±; CD99+
- -- Neuritic differentiation (synaptic vesicles; microtubules) much more well-developed in NBL, as compared with PNET
- -- 11;22 chromosomal translocation of PNET not shared by neuroblastoma
- -- VMA/HVA synthesis of neuroblastoma is not shared by PNET

2 year old girl with a left abdominal mass, shown to be renal in nature on CT scan










Diagnosis: Wilms' tumor (blastemapredominant with anaplasia & "occult" epithelial differentiation)



MALIGNANT LYMPHOMA: A "HAVE-NOT" SMALL ROUND-CELL TUMOR

Lymphomas *lack*:

-Intercellular junctions
-Cytoplasmic filament skeins
-Microtubules
-Neurosecretory granules (*caution: lysosomes can resemble these*)
-Glycogen
-Cell processes
-Basal lamina

POORLY-DIFFERENTIATED LUNG CARCINOMAS

Squamous Cell Carcinoma







Small-cell Neuroendocrine Carcinoma







Poorly-differentiated Adenocarcinoma





METASTATIC ADENOCARCINOMAS: ULTRASTRUCTURAL CLUES TO SITE OF ORIGIN

Gastrointestinal tumors: "Terminal web" of intermediate filaments and core-rootlets in tumor cells

Lung & Prostatic carcinomas: Complex lysosomes or cytoplasmic crystalloids

Renal cell carcinomas: Concurrent cytoplasmic glycogen pools and lipid droplets 71 year old woman with abdominal discomfort and elevated serum alkaline phosphatase level







67 year old man with back pain and a serum PSA level of 42







54 year old man with history of renal cell carcinoma 2 yrs ago. Now has a right adrenal mass on followup CT scan of the abdomen. An adrenalectomy is performed.













Diagnosis: Metastatic renal cell carcinoma

Adrenocortical Neoplasms: Ultrastructural Features

--Few if any intercellular junctions
 -- Little if any cytoplasmic glycogen

No plasmalemmal microvilli
 Tubulovesicular mitochondrial cristae


METASTATIC LYMPHOEPITHELIOMA-LIKE CARCINOMA: A FORM OF SQUAMOUS CARCINOMA

--Well-formed desmosomes

--Tonofibrils









UNDIFFERENTIATED LARGE-CELL CARCINOMA VS. LARGE-CELL LYMPHOMA

-Carcinomas show discernible intercellular junctions, with or without pericellular basal lamina

-Like the case in small-cell tumors, large-cell lymphomas are "have-not" tumors

41 year old man with cough and anterior chest pain









Large-cell Lymphoma of Mediastinum

MALIGNANT GERM CELL TUMORS

MALIGNANT GERM CELL TUMORS: ULTRASTRUCTURAL FEATURES

- **Features Common to All Histotypes:**
- -Cytoplasmic glycogen, intercellular junctions, prominent nucleoli
- **Tumor Type-Specific Characteristics:**
- Seminoma: Glycogen lakes; nucleolonemata
- **Embryonal carcinoma: Primitive intercellular lumina; microvilli; basal lamina; long intercellular junctions**
- Yolk sac carcinoma: Basal lamina; intrareticular deposits of isodense material (alpha-fetoprotein) in rough endoplasmic reticulum
- **Choriocarcinoma: Microvilli; tonofibrils**



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